

Parent/Whānau information



WORLD VISION AND THE 40 HOUR FAMINE IN NEW ZEALAND

Since it started, in 1975, the New Zealand World Vision 40 Hour Famine has raised more than \$80 million and brought hope to thousands of children living in poverty in more than 40 countries. Each year approximately 90,000 young Kiwis participate in the World Vision 40 Hour Famine. More than 3 million New Zealanders have participated since it began.

The youth focused campaign engages young people with global humanitarian issues and gives them an outlet to make a difference by:

- Providing a simple mechanism for learning about global issues, having fun with friends while fundraising
- Giving them tools to develop leadership skills, event management and organisational skills
- Earning Levels 1 and 2 NCEA credits by participating in and organising the World Vision 40 Hour Famine

HOW THE WORLD VISION 40 HOUR FAMINE WORKS

Participants commit to doing a challenge or going without something for a length of time (often 40 hours) and ask people to sponsor them. Participants can choose what challenge they want to do – common challenges include 40 hours without technology, furniture or talking. Younger students can choose to do a challenge for a shorter period of time if they prefer.

They often participate as part of a school or youth group team who support them with understanding the global issue they are fundraising for, building a sense of community and fundraising.

HOW TO SUPPORT YOUR CHILD TO DO THE WORLD VISION 40 HOUR FAMINE

Help explain the 'why'

Talk to your child about what they are raising money for and why. There is lots of information at **40hour.org.nz**

Make a plan

Set a fundraising goal and remind them to collect a sponsorship book from their World Vision 40 Hour Famine Organiser or download a 'how to' guide from **40hour.org.nz**

Go online – the easier way to collect sponsorship money

Did you know you can raise up to 5 times more by fundraising online? Go to **40hour.org.nz** to help your child create an online fundraising profile.

Pick a challenge

Help them pick a challenge. 40 hour 4 foods, 40 hours no furniture, 40 hours no tech, or create your own! Check out **40hour.org.nz** for more ideas

Get fundraising

Ask your friends and family to donate. Support them through the World Vision 40 Hour Famine weekend with words of encouragement or join in yourself!

Find out more and support materials are available at **40hour.org.nz**



40 Hour Famine Consent Form

I give consent for my child to participate in the World Vision 40 Hour Famine

I do not give consent for my child to participate in the World Vision 40 Hour Famine

My child will participate in the 40 Hour Famine for _____ hours

(please tick)

CHILD'S NAME:	DATE OF BIRTH: / /
SCHOOL/ CHURCH/TEAM:	
PARENT/GUARDIAN NAME:	PARENT/GUARDIAN SIGNATURE:
PHONE:	
EMAIL:	